

**46th Annual Dennis McDonald
Multi Events State Championships
Lake Stevens High School - 6/2/2017 to 6/3/2017
Results**

Heptathlon: #7 Girls 800 Meter Run Heptathlon

	Name	Age	Team	Finals	H#
Finals					
1	22 Stueckle, Karlee 1:08.207 (1:08.207)	17	Emerald Ridge	2:22.93	4
2	63 Dolan, Caroline 1:10.465 (1:10.465)	18	Stanwood	2:23.57	2
3	50 Virdell, Maya 1:10.697 (1:10.697)	15	Mercer Island	2:25.14	2
4	38 Picanco, Kate 1:10.697 (1:10.697)	16	Lewis and Clark	2:27.09	2
5	45 Pace, Suzy 1:08.857 (1:08.857)	17	Mariner	2:28.70	4
6	12 Kimes, Elli 1:09.572 (1:09.572)	19	Cashmere	2:29.17	4
7	62 DePew, Anna 1:09.897 (1:09.897)	17	Stanwood	2:29.51	4
8	11 Kimes, Andee 1:09.776 (1:09.776)	16	Cashmere	2:29.53	2
9	67 Linde, Jessica 1:15.935 (1:15.935)	19	Sunnyside	2:29.66	3
10	18 Brooks, Kassie 1:11.025 (1:11.025)	17	Colville	2:29.90	2
11	49 Smith, Alvanique 1:16.803 (1:16.803)	17	Mead	2:32.21	3
12	68 Brady, Alaina 1:10.557 (1:10.557)	15	Tahoma	2:32.86	4
13	39 Wartena, Sophie 1:16.993 (1:16.993)	19	Liberty (Issaquah)	2:35.09	3
14	57 Messineo, Tabitha 1:16.215 (1:16.215)	17	Puyallup	2:36.04	3
15	21 Shook, Alex 1:14.666 (1:14.666)	18	Emerald Ridge	2:36.37	1
16	24 Neu, Emmie 1:14.932 (1:14.932)	17	Enumclaw	2:37.31	1
17	64 Lamb, Taylor 1:15.563 (1:15.563)	17	Stanwood	2:37.33	1
18	5 Lamoureux, Elysabeth 1:15.092 (1:15.092)	18	Bremerton	2:37.39	1
19	32 Thulen, Sofie 1:16.498 (1:16.498)	19	La Conner	2:38.42	3
20	66 Yerigan, Stephanie 1:15.584 (1:15.584)	17	Stanwood	2:39.67	1
21	65 Post, Bailey 1:11.100 (1:11.100)	18	Stanwood	2:40.58	2
22	47 Sanden, Summer 1:14.180 (1:14.180)	15	Marysville-Pilchuck	2:42.06	2
23	44 McFadden, Maya 1:15.714 (1:15.714)	18	Mariner	2:42.52	4
24	26 Medrano, Aolani 1:17.331 (1:17.331)	18	Foster	2:51.48	3
25	58 Mihelich, Maren 1:17.433 (1:17.433)	16	Sedro-Woolley	2:51.77	3
26	54 Loveless, Sophie 1:18.099 (1:18.099)	16	Newport (Bellevue)	2:52.98	2

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	Name	Age	Team	Finals	H#
27	20 Henderson, Mareonna 1:14.594 (1:14.594) 2:57.230 (1:42.637)	17	Emerald Ridge	2:57.23	4
28	28 Howard, Jaden 1:17.002 (1:17.002) 3:01.226 (1:44.224)	18	Kalama	3:01.23	1
29	25 Blackmon, Christina 1:21.073 (1:21.073) 3:08.071 (1:46.999)	18	Everett	3:08.08	3
30	48 Conley, Zella 1:20.688 (1:20.688) 3:23.852 (2:03.164)	17	Mead	3:23.86	4

Decathlon: #10 Girls 1500 Meter Run Decathlon

	Name	Age	Team	Finals
Finals				
1	52 Konrad, Shawnee 1:01.910 (1:01.910) 2:32.340 (1:30.431) 3:51.729 (1:19.389) 5:05.882 (1:14.154)	17	Mt Spokane	5:05.89
2	35 Fisher, Bethany 1:01.257 (1:01.257) 2:33.359 (1:32.102) 4:04.706 (1:31.348) 5:24.291 (1:19.586)	18	Lakewood	5:24.30
3	15 Krueger, Lily 1:00.117 (1:00.117) 2:32.025 (1:31.908) 4:02.985 (1:30.960) 5:30.771 (1:27.786)	18	Cedarcrest	5:30.78
4	14 Krause, Lauren 1:01.566 (1:01.566) 2:36.717 (1:35.152) 4:18.799 (1:42.082) 5:48.783 (1:29.984)	17	Cedarcrest	5:48.79
5	8 Lamma, Tyrza 1:01.523 (1:01.523) 2:34.445 (1:32.922) 4:16.064 (1:41.619) 5:52.073 (1:36.010)	17	Cascade (Everett)	5:52.08
6	31 Lagerwey, Matty 1:01.726 (1:01.726) 2:35.940 (1:34.215) 4:29.857 (1:53.917) 6:25.080 (1:55.224)	17	La Conner	6:25.08
7	16 Paradis, Sophie 1:06.963 (1:06.963) 2:52.720 (1:45.758) 4:43.005 (1:50.286) 6:27.699 (1:44.694)	17	Cedarcrest	6:27.70

Decathlon: #10 Boys 1500 Meter Run Decathlon

	Name	Age	Team	Finals	H#
Finals					
1	71 Elliott, Cass 45.354 (45.354) 2:01.472 (1:16.119) 3:28.331 (1:26.860) 4:39.978 (1:11.647)	17	West Seattle	4:39.98	2
2	2 Cummings, Cooper 48.547 (48.547) 2:09.017 (1:20.470) 3:33.696 (1:24.680) 4:45.813 (1:12.118)	18	Arlington	4:45.82	2
3	7 Au, Ethan 49.874 (49.874) 2:09.308 (1:19.434) 3:33.001 (1:23.694) 4:46.272 (1:13.271)	18	Capital	4:46.28	2
4	3 Carter, Sir 49.638 (49.638) 2:06.618 (1:16.980) 3:29.438 (1:22.820) 4:46.561 (1:17.124)	16	Black Hills	4:46.57	1
5	40 Carr, Caleb 49.832 (49.832) 2:08.557 (1:18.725) 3:34.708 (1:26.152) 4:46.914 (1:12.206)	17	Liberty (Issaquah)	4:46.92	1
6	10 Tveten, Stephen 49.240 (49.240) 2:05.237 (1:15.997) 3:29.076 (1:23.840) 4:50.462 (1:21.387)	16	Cascade (Leavenworth)	4:50.47	1
7	13 Simonson, Luke 50.285 (50.285) 2:10.201 (1:19.917) 3:34.539 (1:24.338) 4:50.721 (1:16.182)	19	Cashmere	4:50.73	2
8	6 Jensen, Adam 49.013 (49.013) 2:04.987 (1:15.974) 3:28.812 (1:23.826) 4:50.740 (1:21.929)	18	Camas	4:50.74	1
9	41 Ha, Andrew 50.945 (50.945) 2:11.621 (1:20.677) 3:36.119 (1:24.499) 4:50.993 (1:14.874)	16	Liberty (Issaquah)	4:51.00	1
10	53 Davis, Docker 51.004 (51.004) 2:12.916 (1:21.912) 3:39.051 (1:26.136) 4:52.369 (1:13.318)	18	Mt Spokane	4:52.37	2
11	59 Janicki, Thomas 50.058 (50.058) 2:12.641 (1:22.583) 3:38.671 (1:26.030) 4:55.649 (1:16.979)	18	Sedro-Woolley	4:55.65	2
12	34 Lane, James 51.125 (51.125) 2:10.748 (1:19.624) 3:37.557 (1:26.809) 5:05.140 (1:27.583)	16	Lake Washington	5:05.14	1

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	Name	Age	Team	Finals	H#
13	27 Nelson, Joe 53.273 (53.273)	19	Issaquah 3:49.246 (1:30.069)	5:09.43 5:09.426 (1:20.180)	2
14	33 Luna, Budda 54.384 (54.384)	18	La Conner 3:50.423 (1:31.529)	5:10.78 5:10.775 (1:20.352)	1
15	56 Tingstad, Joe 52.769 (52.769)	20	Pullman 3:49.946 (1:31.607)	5:11.99 5:11.986 (1:22.040)	2
16	19 Baker, Dillon 53.706 (53.706)	19	Eisenhower 3:51.501 (1:32.720)	5:12.51 5:12.508 (1:21.007)	2
17	43 Swarthout, Brandon 53.117 (53.117)	18	Lynden 4:01.171 (1:38.410)	5:18.37 5:18.361 (1:17.190)	2
18	46 Walker, JJ 50.543 (50.543)	18	Mariner 3:50.254 (1:34.171)	5:18.57 5:18.561 (1:28.308)	2
19	42 Anderson, Derek 52.222 (52.222)	18	Lindbergh 3:51.848 (1:34.940)	5:19.74 5:19.734 (1:27.886)	1
20	51 Zimmerman, Zachary 52.750 (52.750)	18	Monroe 4:04.136 (1:41.261)	5:26.53 5:26.524 (1:22.389)	2
21	36 Heil, Derek 56.346 (56.346)	18	Lakewood 4:03.853 (1:38.131)	5:28.04 5:28.032 (1:24.179)	2
22	29 Wetmore, Tucker 55.856 (55.856)	18	Kalama 4:06.312 (1:38.784)	5:33.53 5:33.528 (1:27.216)	2
23	69 Roberts, Treshawn 55.093 (55.093)	18	Thomas Jefferson 4:07.641 (1:42.710)	5:33.91 5:33.907 (1:26.266)	1
24	9 Griffith, Rylee 56.280 (56.280)	17	Cascade (Everett) 4:10.681 (1:39.720)	5:34.13 5:34.125 (1:23.444)	1
25	30 Wicks, Luke 57.096 (57.096)	19	King's 4:07.041 (1:38.876)	5:35.10 5:35.094 (1:28.054)	2
26	60 Ye, Jimmy 53.326 (53.326)	18	Shelton 4:10.150 (1:44.064)	5:41.23 5:41.222 (1:31.072)	1
27	61 Stiles, Luke 56.631 (56.631)	17	Skyline 4:09.701 (1:41.570)	5:49.31 5:49.308 (1:39.607)	2
28	23 Norris, Alex 54.031 (54.031)	19	Emerald Ridge 4:22.406 (1:52.076)	6:01.04 6:01.034 (1:38.629)	1
29	4 Claridge, Jordan 1:06.028 (1:06.028)	16	Black Hills 4:51.648 (1:57.841)	6:43.15 6:43.147 (1:51.499)	1